

E.T.H.I.C. TRAINING

Effort Toughness Heart Intensity Commitment

BASEBALL TRAINING

Train and be prepared for the upcoming baseball season. Individual or group lessons customized to the player's ability/needs. Training can include, hitting, fielding, catching and pitching.

\$35 Per half hour individual lesson.

\$60 Per hour individual lesson.

\$90 Per hour for group instruction. Maximum of 6 players per hour.

TRAINING AVAILABILITY:

Saturday-Sunday after 5 p.m.

TRAINING LOCATION:

700 Thomson Park DR
Suite 717
Cranberry, Pa 16066

Coach Gavlik played at Slippery Rock University and has coached at the youth level thru collegiate level. Some of his stops along the way include Freshman Head Coach, West Mifflin Area School District, JV Head Coach, South Park School District, Assistant Coach/Pitching Coach, Penn State Greater Allegheny. Coach Gavlik is currently the Director of Athletics for the Pittsburgh Public Schools.

Contact Coach Mike Gavlik at 412-805-0125 (text preferred) or on twitter @coachgavlik15